

			<u>NC1 - HOC</u>	<u>NC2 - MINOR</u>	<u>NC3 - NK Middle</u>	<u>NC4 - NK Sprint</u>	<u>NC5 - NK Lang</u>	<u>NC6 - IC Olifant</u>	<u>NC7 - KOVZ</u>	<u>stand</u>	
<b>Jongens Pupillen (H-10/-12)</b>											
1	Jon Marcussen	H-10	<i>HOC '93</i>		24:31	685	16:29 1000	0:36:42 915	0:30:22 1000	0:28:09 1000	4600
<b>Heren senioren (H21/35)</b>											
1	Niels Peter Foppen	H21	<i>MINOR</i>	1:18:20 1000		50:37	19:31 925	1:39:00 877	1:04:43 1000	1:04:13 1000	4802
2	Michel van Dongen	H35	<i>OLifant</i>		1:13:18 1000	45:58	ORG 918	1:48:26 801	1:06:46 969	1:11:15 901	4589
3	Herman Mooij	H21	<i>ARGUS</i>	1:39:44 785	1:50:54 661	56:41	24:53:00 725	2:17:30	1:30:12 717	1:29:42 716	3605
4	Gerrit van de Riet	H55	<i>Olifant</i>	1:54:29 684	1:37:25 752		ORG 692	2:23:43 604		1:28:11 728	3461
5	Jeroen Liefink	H35	<i>OLifant</i>			43:51 769	20:45 870	1:52:19 773	1:19:04 819		3230
6	Werner Halter	H35	<i>ARGUS</i>	1:53:49 688	1:34:20 777	60:18 559	22:49 791	mp 50			2866
7	Wouter Foppen	H21	<i>Minor</i>	mp 50		42:00 803	19:11 941	mp 50		1:07:15 955	2799
8	Olaf Woertel	H21	<i>KOVZ</i>			82:31 409	29:41:00 608		1:53:06 572	1:31:33 701	2290
<b>Heren Veteranen A (H40/45)</b>											
1	Mark Heikoop	H45	<i>OLifant</i>	1:03:13 1000		44:02 936	18:54	1:21:48 1000	ORG 966	1:02:27 930	4832
2	John Graafmans	H40	<i>KOVZ</i>		1:09:09 959	56:22	18:06 935	1:22:19 994	1:02:55 976	1:06:08 878	4741
3	Roland van Loon	H40	<i>KOVZ</i>			48:33 849	19:24 872	1:23:05 985	1:01:24 1000	1:14:17 781	4487
4	Cas van Zweeden	H50	<i>UZO</i>		1:06:18 1000	52:24 787	20:50 812	1:32:16 887		1:29:53 646	4131
5	Steven Jochems	H45	<i>KOVZ</i>	1:51:15	1:29:36 740	55:57 737	22:16 760	1:31:48 891	1:09:32 883	1:31:22	4010
6	Adriaan Baas	H45	<i>HOC '93</i>	1:22:32 766	1:28:50 746	53:39 768	30:58:00	1:40:54 811	1:10:39 869		3960
7	Eelco Muller	H40	<i>KOVZ</i>	1:21:42 774	1:16:06 871		22:23 756	1:34:35 865			3266
8	Dag Marcussen	H40	<i>HOC '93</i>			65:29 629	21:39 781		1:13:17 838	1:26:11 674	2922
9	Erwin Pellegrum	H40	<i>ARGUS</i>		1:49:57 603	82:45 498	27:35:00 613		1:47:12 573	1:50:23 526	2813
10	John Lonsdale	H45	<i>HOC '93</i>	mp 50	mp 50	48:58 842	21:02 804	1:39:08 825			2571
<b>Heren Veteranen B (H50/55)</b>											
1	Anne Heikoop	H50	<i>HOC '93</i>	0:50:14 941	49:18:00 1000	ORG 976	13:57	1:05:03	0:44:35 962	0:46:55 1000	4879
2	Peter Foppen	H55	<i>MINOR</i>	0:47:17 1000	83:42:00 589	34:56 884	14:06 874	1:00:51 907			4253
3	Klaas de Jong	H55	<i>HOC '93</i>	0:48:24 977	54:14:00 909	53:12 580		1:13:32 750	0:49:48 861		4078
4	Adrie van Opstal	H55	<i>KOVZ</i>			30:52 1000	12:19 1000	0:55:11 1000	0:42:54 1000		4000
5	Simon Nijenhuis	H50	<i>Minor</i>		57:01:00 865	49:10 628	mp 50	1:22:06 672	0:58:30 733		2948
6	Bert Molenaar	H50	<i>HOC '93</i>		mp 50	60:35 509	20:17 607	mp 50	1:15:11 571		1787
<b>Heren Veteranen C (H60/65)</b>											
1	Karst Mooij	H60	<i>ARGUS</i>	0:45:14 1000	41:18:00 1000	29:51 1000	10:55 1000	0:51:48 1000	0:39:53	0:37:44	5000
2	Dirk Zwikker	H65	<i>ARGUS</i>	0:50:12 901				0:56:34 916	0:51:43 771	0:39:41 951	3539
3	Frank Mensink	H65	<i>Minor</i>	mp 50	ORG 672	30:05 992		1:05:14 794		0:44:22 850	3359
<b>Heren Veteranen D (H70/75)</b>											
1	Frans Vos	H80	<i>ARGUS</i>		57:47:00 852	43:11 829		1:32:38 1000	1:06:52 1000	0:55:19 1000	4681

			<u>NC1 - HOC</u>	<u>NC2 - MINOR</u>	<u>NC3 - NK Middle</u>	<u>NC4 - NK Sprint</u>	<u>NC5 - NK Lang</u>	<u>NC6 - IC Olifant</u>	<u>NC7 - KOVZ</u>									
<b>Meisjes Pupillen (D-10/-12)</b>																		
1	Hanne Marcussen	D-10	<i>HOC '93</i>		37:29	1000		0:57:09	648	0:43:45	1000	0:40:18	848	3496				
<b>Meisjes Aspiranten (D-14)</b>																		
1	Renee Temmen	D-14	<i>MINOR</i>	1:38:38	980		12:39	1000	0:59:33	1000	0:51:43	1000	0:51:40	1000	4980			
<b>Damens Junioren C (D-16)</b>																		
1	Gerber Loman	D-16	<i>MINOR</i>	1:36:39	1000			1:10:20	1000	1:03:13	1000	0:46:21	1000	4000				
<b>Dames Seniores (D20/21)</b>																		
1	Geke Bakker	D21	<i>HOC '93</i>	1:18:40	1000	1:07:39	1000	43:10	1000	19:15	949	1:31:06	1:01:48	1000	4949			
2	Petra Kostalova	D21	<i>Olifant</i>			1:21:58	825	51:22	840			1:13:29	841	1:26:30	838	3344		
<b>Dames Veteranen A (D35/40/45)</b>																		
1	Dunja van Riet	D40	<i>OLifant</i>	0:59:36	1000	1:01:47	1000	41:42	1000	16:21	1000	1:20:15	ORG	1000		5000		
2	Larissa Rand	D35	<i>OLifant</i>	1:07:28	883	1:09:28	889	55:50		16:40	981	1:33:57	1:04:27	884	1:02:35	1000	4638	
3	Masja van de Ven	D45	<i>KOVZ</i>	1:12:59	817	1:13:27	841	mp		17:36	929	1:32:01	798	1:05:44	867		4252	
4	Bodil Marcussen	D40	<i>HOC'93</i>					42:21	985			1:13:26	1000	0:56:59	1000	1:03:29	986	3970
5	Anita Foppen	D45	<i>Minor</i>			1:09:19	891	47:51	871	18:15	896	1:56:38	630					3288
6	Jacqueline van Zweeden	D45	<i>UZO</i>			1:35:28	647			19:06	856	mp	50			1:24:02	745	2298
<b>Dames Veteranen B (D50/55)</b>																		
1	Joke Molenaar	D50	<i>HOC '93</i>	1:26:20	1000	1:00:36	1000	34:35	1000	12:20	1000	1:09:41	1000	0:52:46	1000			6000
<b>Dames Vetranen C (D60/D65)</b>																		
1	Christa Zwikker	D60	<i>ARGUS</i>	1:16:32	1000			36:38	1000	14:43	886	1:01:02	932			0:46:58	1000	4818
2	Monica Roeling	D60	<i>KOVZ</i>							13:02	1000	0:56:54	1000	0:56:44	1000	0:49:31	949	3949
3	Dicky Mooij	D60	<i>ARGUS</i>	1:50:00	696	1:49:42	1000	56:02	654	22:31		1:28:22		1:15:59	747	1:12:46	645	3742