

Pl	Stno	Name	YB	Club	Time
8 km (56)					
7,5 km 19 C					
1	61	Marvin Boot		olv MINOR MINOR	51:55
2	22	Lukasz Wisniewski		Individuals/No c Individuals	52:35
3	176	Marije Siemann		Greenrace Greenrace	54:30
4	25	Richard Wols	02	HOC'93 HOC'93	54:48
5	62	Roelof Posthouwer	78	olv MINOR MINOR	54:58
6	69	Joel Leistra		KOVZ KOVZ	56:24
7	12	Sonny Wessels		Argus Argus	57:26
8	3	Bas Van Der Ploeg		Individuals/No c Individuals	58:36
9	84	Davied Meerstra		HOC'93 HOC'93	1:00:05
10	10	Rein Eijlers		Cior Nederland Cior	1:00:42
11	86	Jorgen Hector		Snättringe SK Snättringe	1:00:54
12	66	Henk Snijders	60	Argus Argus	1:03:24
13	37	Gerrit Riet, van de	56	OLifant OLifant	1:03:45
14	20	Patrick Kuijken	75	olv MINOR MINOR	1:06:14
15	72	Ralph Kurt		KOVZ KOVZ	1:07:15
16		Maxim Golov		olv MINOR MINOR	1:07:59
17	76	Pim Van Der Wijk	66	OLifant OLifant	1:08:08
18	8	Marc Wagenaar	90	OLifant OLifant	1:09:12
19	6	Maarten De Vries		Argus Argus	1:09:54
20	67	Borjen Cijs		Nollanders NCC	1:10:53
21	34	Marijn Edelenbosch		HOC'93 HOC'93	1:11:17
22	2	Dennis Bruijntjes		OLifant OLifant	1:11:55
23	7	Harm Bartholomeus		Individuals/No c Individuals	1:14:49
24	33	Elwin Van Der Gragt		Individuals/No c Individuals	1:19:47
25	15	Martin Wingelaar	80	olv MINOR MINOR	1:19:56
26	31	Ivo Muusse		Nollanders NCC	1:20:30
27	35	Cas Van Zweeden		Individuals/No c Individuals	1:21:42
28	48	Jeroen Van Tubergen		Nollanders NCC	1:22:39
29	95	Sjoerd Arkenbout		Greenrace Greenrace	1:25:13
30	98	Erik Birkhoff		Greenrace Greenrace	1:25:26
31		Sebastiaan Kouwenhoven		Individuals/No c Individuals	1:26:15
32	79	Herman Elfrink		olv MINOR MINOR	1:26:17
33	225	Vera van Zweeden		Greenrace Greenrace	1:27:54
34	43	Teun Kolner		Individuals/No c Individuals	1:30:11
35	85	Rink Post		HOC'93 HOC'93	1:30:33
36	29	Frank Sanders		Argus Argus	1:33:05
37	41	Anne Van Zuijlen		Cior Nederland Cior	1:37:20
38	18	Lizzie Wijnhoven		Individuals/No c Individuals	1:41:00
39	60	Andrea Van Lieshout		olv MINOR MINOR	1:51:20
40	80	Carmen Van Polanen Petel		Individuals/No c Individuals	1:51:33
41	57	Guus Van Dijk		Individuals/No c Individuals	1:51:47
42	135	Dirk Kanters		Greenrace Greenrace	1:53:33
43	228	Myrthe Veldman		Greenrace Greenrace	1:54:25
44	107	Lisette de Graauw		Greenrace Greenrace	1:55:30
45	59	Jessica Pots		Argus Argus	2:05:23
46	148	Karin Maas		Greenrace Greenrace	2:42:45
46	121	Ingrid Helmes		Greenrace Greenrace	2:42:45
46	120	Cees Helders		Greenrace Greenrace	2:42:45
	28	Mira Scheir		hamok hamok	mp
	205	Klaas van Hagen		Greenrace Greenrace	mp
	89	Diede Brantjes		Individuals/No c Individuals	mp

Pl	Stno	Name	YB	Club	Time
8 km (56)				7,5 km 19 C	<i>(cont.)</i>
	185	Petra Stolk		Greenrace Greenrace	dnf
		Leo Stolk		Individuals/No c Individuals	dnf
	123	Eefje Hill		Greenrace Greenrace	dnf
	124	Megan Hill		Greenrace Greenrace	dnf
	125	Richard Hill		Greenrace Greenrace	dnf
4,5 km (34)				4,5 km 13 C	
1	65	Marco Mensink		Argus Argus	31:52
2	53	Peter Reitsema		Argus Argus	36:48
3	49	Herman Mooij		Argus Argus	40:01
4	63	Tonny Neplenbroek	58	Argus Argus	43:28
5		Peter Foppen		olv MINOR MINOR	43:38
6	40	Espen Fyhn Nilsen		OLifant OLifant	44:36
7	9	Johan Van Elten	61	Argus Argus	46:25
8		Micah Wiering		HOC'93 HOC'93	46:32
9	11	Dunja Riet, van de	67	OLifant OLifant	46:36
10	45	Diana Mittag	78	KOVZ KOVZ	47:22
11	44	Martine Hoeksma	69	OLifant OLifant	49:11
12	127	Kennard Hofland		Greenrace Greenrace	50:26
13	1	Renske Giesen		Argus Argus	50:55
14	23	Guus Boven van	55	OLifant OLifant	51:37
15	83	Olga Zwikker		Argus Argus	55:07
16	19	Nelly Kurt		KOVZ KOVZ	55:53
17	27	Amelie Mabbutt		Individuals/No c Individuals	59:33
18	21	Heleen Filius		Individuals/No c Individuals	1:01:32
19	47	Ellen De Jong		Individuals/No c Individuals	1:01:42
20	16	Kees Geers		Argus Argus	1:01:44
21	81	Willeke van Werven	81	Argus Argus	1:02:52
22	42	Katinka Mulder	59	Argus Argus	1:03:57
23	236	Jan Witsenboer		Greenrace Greenrace	1:04:20
24	64	Birgitta Verbeek		olv MINOR MINOR	1:04:27
25	50	Suzanna Reitsema		Individuals/No c Individuals	1:04:58
26	218	Lisette van Velzen		Greenrace Greenrace	1:06:37
27	14	Lina Jasulaityte		OLifant OLifant	1:10:33
28	17	Mijkje Hoogenboezem		olv MINOR MINOR	1:16:01
29	55	Elisabeth Hector		Snättringe SK Snättringe	1:19:30
30	119	Mike Hageman		Greenrace Greenrace	2:38:35
	87	Frans Appelboom	55	Argus Argus	mp
nc	24	Machteld Van Der Hoeven		Argus Argus	37:36
nc	30	Alwin De Lijster		olv MINOR MINOR	44:00
nc	51	Elin Zwikker		Argus Argus	50:41
5,5 km (22)				5,4 km 14 C	
1	194	Thomas van den Berg		Greenrace Greenrace	45:48
2	4	Annemieke Bloem		OLifant OLifant	47:36
3	38	Don Muljadi		Individuals/No c Individuals	48:10
4	187	Sander Tan		Greenrace Greenrace	57:42
5	5	Bjorn Visser		olv MINOR MINOR	57:57
6	109	Melle de Jong		Greenrace Greenrace	59:44

Pl	Stno	Name	YB	Club	Time
5,5 km (22)		5,4 km 14 C			<i>(cont.)</i>
7	74	Ekaterina Evdokimova		OLifant OLifant	1:03:13
8	32	Evelyn Velema		Argus Argus	1:05:15
9	171	Franchesca Rondaij		Greenrace Greenrace	1:17:11
10	154	Rodney Nanninga		Greenrace Greenrace	1:17:12
11	91	Marijke Van Neck		Individuals/No c Individuals	1:18:21
12	231	Janneke Wagner		Greenrace Greenrace	1:20:25
13		Coen van den Berg		Individuals/No c Individuals	1:21:14
14	237	Jantinus Ziengs		Greenrace Greenrace	1:27:16
15	56	Elly Appelboom	61	Argus Argus	1:45:27
16	54	Esra Kulan		Argus Argus	1:57:25
17	214	Marion van Schaijk		Greenrace Greenrace	2:12:23
18	173	Wicher Room		Greenrace Greenrace	2:12:32
19	169	Willem Rens		Greenrace Greenrace	2:23:00
20	147	Maaïke-Annabelle Lenoir		Greenrace Greenrace	2:23:14
21	157	Sophia Nivard		Greenrace Greenrace	2:23:20
22	111	Daniel de Vries		Greenrace Greenrace	2:23:21
3 km (21)		2,7 km 10 C			
1	131	Olaf Huizing		Greenrace Greenrace	24:30
2	52	Esther Reitsema	84	Argus Argus	26:07
3	78	Larissa Van Der Houwen		Individuals/No c Individuals	26:28
4	46	Lode Geers		Argus Argus	26:36
5	162	Wies Piet		Greenrace Greenrace	27:19
6	161	Jolieke Piet		Greenrace Greenrace	27:25
7	130	Julia Huijbregts		Greenrace Greenrace	33:42
8	26	Aron Reitsema	12	Argus Argus	36:43
9	196	Henk van der Ploeg		Greenrace Greenrace	39:24
10	122	Anja Herrmann		Greenrace Greenrace	40:52
11	201	Remco van der Voort		Greenrace Greenrace	42:07
12	200	Benjamin van der Voort		Greenrace Greenrace	42:11
13	82	Nienke Heuvelink	94	Nollanders NCC	51:39
14	174	Nicoline Sanders		Greenrace Greenrace	56:48
15	229	Suzan Visser		Greenrace Greenrace	1:08:29
16		Jeroen Zevenhoven		Individuals/No c Individuals	1:09:35
17	143	Jochem Kuiper		Greenrace Greenrace	1:27:09
	99	Susan Blokker		Greenrace Greenrace	mp
	164	Cataleya Ramazan		Greenrace Greenrace	mp
	165	Marellva Ramazan		Greenrace Greenrace	mp
	36	Niamh Faloon		Nollanders NCC	mp
7 km (29)		6,8 km 16 C			
1	137	Laura Kok		Greenrace Greenrace	1:00:53
2	110	Antoine de Schipper		Greenrace Greenrace	1:10:01
3	112	Frits Faber		Greenrace Greenrace	1:10:04
4	150	Perry Mispel		Greenrace Greenrace	1:13:48
5	113	Nienke Gilles		Greenrace Greenrace	1:13:52
6	134	Tobias Jansen		Greenrace Greenrace	1:13:57
7	149	Mirjam Melai		Greenrace Greenrace	1:14:01
8	100	Frank Bobring		Greenrace Greenrace	1:20:58

Pl	Stno	Name	YB	Club	Time
7 km (29)			6,8 km 16 C		<i>(cont.)</i>
9	227	Sophie Veenstra		Greenrace Greenrace	1:21:00
10	193	Jolice van den Berg		Greenrace Greenrace	1:21:09
11	195	Irene van den Broek		Greenrace Greenrace	1:25:07
12	163	Lisanne Pistor		Greenrace Greenrace	1:27:06
13	183	Alex Steenbekkers		Greenrace Greenrace	1:30:21
14	138	Barend Koolhaas		Greenrace Greenrace	1:30:30
15	152	Guido Mooten		Greenrace Greenrace	1:31:32
16	206	Bart van Iterson		Greenrace Greenrace	1:33:41
17	158	Ingrid Nordt		Greenrace Greenrace	1:33:52
18	104	Pascal Bruin		Greenrace Greenrace	1:35:32
19	207	Huib van Iterson		Greenrace Greenrace	1:35:37
20	192	Eric van de Meent		Greenrace Greenrace	1:35:57
21	208	Lasse van Iterson		Greenrace Greenrace	1:36:27
22	215	Jessica van Steijn		Greenrace Greenrace	1:38:43
23	145	Annemieke Lebbink		Greenrace Greenrace	1:42:39
24	90	Mattie De Boer		HOC'93 HOC'93	2:13:27
25	210	John van Marsdijk		Greenrace Greenrace	2:17:27
26	96	Guler AVCI		Greenrace Greenrace	2:17:32
	235	Remon Wilms		Greenrace Greenrace	mp
	202	Cees van Dijck		Greenrace Greenrace	mp
	140	Renske Kraakman		Greenrace Greenrace	dnf
5 km (50)			5,0 km 14 C		
1	108	Gilles de Hollander		Greenrace Greenrace	40:35
2	223	Majorie van Wegen		Greenrace Greenrace	54:23
3	128	Thomas Hogema		Greenrace Greenrace	54:56
4	136	Kelly Klaassen		Greenrace Greenrace	54:58
5	222	Jurre van Wegen		Greenrace Greenrace	55:33
6	103	Matthijs Brouwer		Greenrace Greenrace	55:46
7	188	Peter te Winkel		Greenrace Greenrace	55:52
8	144	Edo Lambregts		Greenrace Greenrace	57:48
9	93	Tom Aizenberg		Greenrace Greenrace	58:27
10	117	Frank Groenewoud		Greenrace Greenrace	1:00:21
11	226	Arno Veenstra		Greenrace Greenrace	1:00:22
12	216	Minouk van Steijn		Greenrace Greenrace	1:03:04
13	221	Lennart van Vulpen		Greenrace Greenrace	1:03:11
14	212	Eline van Roest		Greenrace Greenrace	1:04:58
15	39	Natasja Van Der Heijden		Individuals/No c Individuals	1:05:03
16	211	Conny van Roest		Greenrace Greenrace	1:05:04
17	70	Erik Van Der Heijden		Individuals/No c Individuals	1:05:26
18	184	Marloes Steenhuisen		Greenrace Greenrace	1:06:39
19	219	Thymen van Voorst		Greenrace Greenrace	1:06:45
20	114	Annerixt Gribnau		Greenrace Greenrace	1:08:58
21	115	Olav Gribnau		Greenrace Greenrace	1:09:08
22	213	Rob van Rooijen		Greenrace Greenrace	1:09:31
23	175	Lisette Schiltmans		Greenrace Greenrace	1:16:01
24	132	Harry Jansen		Greenrace Greenrace	1:16:22
25	233	Stijn Wezenberg		Greenrace Greenrace	1:23:36
26	190	Huib van Amersfoort		Greenrace Greenrace	1:23:46
27	238	Lotte Zwarteveen		Greenrace Greenrace	1:28:49

Pl	Stno	Name	YB	Club	Time
5 km (50)				5,0 km 14 C	<i>(cont.)</i>
28	239	Ronald Zwarteveen		Greenrace Greenrace	1:28:55
29	142	Ard Krikke		Greenrace Greenrace	1:37:14
30	153	Yvonne Mureau		Greenrace Greenrace	1:37:18
31	101	Mers Bos		Greenrace Greenrace	1:46:33
32	102	Tanja Bos		Greenrace Greenrace	1:46:41
33	181	Roderick Sleeboom		Greenrace Greenrace	2:02:28
34	180	Pieter Sleeboom		Greenrace Greenrace	2:02:48
35	179	Louisa Sleeboom		Greenrace Greenrace	2:03:10
36	178	Eveline Sleeboom		Greenrace Greenrace	2:03:17
37	209	Margo van Leeuwen		Greenrace Greenrace	2:08:28
38	168	Cindy Rehorst		Greenrace Greenrace	2:08:29
39	166	Julia Ratter		Greenrace Greenrace	2:17:52
40	146	Lies Lemckert		Greenrace Greenrace	2:18:03
41	170	Mijntje Roelofse		Greenrace Greenrace	2:20:45
42	156	Peter Nitrau		Greenrace Greenrace	2:20:54
	191	Lucas van Amersfoort		Greenrace Greenrace	mp
	97	Maarten Beisterveld		Greenrace Greenrace	mp
	129	Rowe Hoogendoorn		Greenrace Greenrace	mp
	105	Marie Brummelhuis		Greenrace Greenrace	mp
	139	Elsbeth Koppers		Greenrace Greenrace	mp
	151	Rogier Mittendorff		Greenrace Greenrace	dnf
	189	Andrea Teeuwissen		Greenrace Greenrace	dnf
nc	177	Berend Sleeboom		Greenrace Greenrace	2:02:29
Lintenloop (7)					
	204	Hannah van Hagen		Greenrace Greenrace	Well done
	220	Abbe van Vulpen		Greenrace Greenrace	Well done
	224	Nora van Zweeden		Greenrace Greenrace	Well done
	198	Thomas van der Ploeg		Greenrace Greenrace	Well done
	77	Matilda Wenselaar	19	KOVZ KOVZ	Well done
	88	Jael Reitsema		Argus Argus	Well done
	197	Joris van der Ploeg		Greenrace Greenrace	Well done